

Sandwiches

All are served on rye, deli Italian or rolls fresh from the baker daily.

Add fries to any sandwich \$1.50

Roast Beef Pretzelwich **\$7.50**

Tender warm roast beef, served on soft pretzel sandwich bread with Swiss cheese, lettuce, tomato, red onion, horseradish mayo, and whole grain mustard.

Fajita Wrap **\$7.50**

We offer fajita seasoned chicken, lettuce, roasted peppers, a blend of Monterey Jack and cheddar cheeses with a chipotle ranch dressing wrapped in a warm chipotle tortilla shell.

Bistro Grilled Chicken Sandwich **\$7.50**

Boneless breast of chicken, marinated in balsamic vinegar and spices, topped with grilled onions and sliced tomato, served on a grilled kaiser roll with a side of Dijon caper mayonnaise.

Chicken Pita **\$7.50**

Marinated boneless breast charbroiled and served in pita bread with lettuce, tomatoes, grilled onions with a side of cucumber sauce.

Patty Melt **\$7.50**

Our beef lovers charburger topped with sauteed onions and Swiss cheese, served to you grilled on toasted rye bread.

Chicken Caesar Wrap **\$7.50**

It's a wrap! Tender slices of chicken with shredded romaine lettuce, sautéed onions, roasted peppers, bacon bits, croutons and Caesar dressing, all in a 14" garlic and herb tortilla.

The Rugged Reuben **\$7.75**

Served with a knife and fork due to the tremendous proportions of our sandwich.
Corned beef, Swiss cheese, racy Russian dressing and sauerkraut. Grilled to perfection.

John's Revenge **\$7.50**

For those not afraid to try something different! Grilled pastrami with Swiss and Provolone cheese. For added interest, find a bit of diced mild pepperoncinis thrown in for good measure!

Beef n' Cheddar Panini **\$7.50**

Fresh sliced roast beef with tomato slices and cheddar cheese. Served on our fresh baked panini bread with horseradish sauce.

Turkey Cranberry Foccacia..... **\$7.50**

Hot turkey and havarti cheese on grilled Foccacia bread with lettuce, tomato, red onion and our cranberry mayo.

Philadelphia Steak Sandwich **\$7.50**

Our "Philly steak" is very popular and with good reason. Try it and see why. The Steak is topped with American cheese, onions, and peppers.

Retreat Wrap **\$7.50**

A delicious mix of turkey, fresh asparagus, roasted red peppers, romaine lettuce, Swiss cheese and mayo, served wrapped in a warm garlic and herb tortilla.

Open Steak..... **\$11.50**

A real "man-sized" steak served on garlic bread, topped with onion rings, served with french fries.

Buffalo Chicken Sandwich **\$7.50**

Breaded boneless breast of chicken, fried and tossed in our buffalo wing sauce, topped with crisp bacon and Monterey Jack cheddar, served with celery sticks and bleu cheese.

Cave Man's Club **\$8.75**

Your choice: turkey, roast beef or ham with french fries piled on top. It will knock you out.

Tuna Melt..... **\$7.50**

Tuna salad, tomato and Swiss cheese, served on grilled rye or white.

Chicken Foccacia Melt **\$7.50**

Grilled breast of chicken with imported Havarti cheese served on grilled Foccacia bread with roasted red peppers, sweet Bermuda onion and a blend of fresh mixed greens. Served with Bistro-mayo on the side.

Better B.L.T. **\$6.75**

Smoked bacon, crisp lettuce, fresh tomatoes and mayo served on Italian bread.

Roast Beef French Baguette Dip **\$7.50**

Warm deli sliced roast beef topped with Provolone cheese on toasted Baguette bread served with hot Au Jus for dipping.